

HAMBURGERS

soft potato bun, pickles, chips 8
cheese, hatch green chile, bacon,
beef chili, grilled onions- 3 each



SLIDERS

3 mini cheeseburgers 10
3 burnt-end brisket sliders 14
3 burnt-end pork sliders 14
with cheese and onions

SANDWICHES

french fries with sandwiches 3

amarillo- pulled pork, salsa, jack, garlic bread ☺ or ☺ 13
bridgette - chicken salad, avocado, tomato, garlic bread 12
candice - virginia ham, mozzarella, pine nut cream, toast 12
champ- grilled chicken, bacon, avocado, chipotle mayo* 14
chinaboy- pork, grilled onion, duck sauce, bbq* 13
chow Maine- sweet blueberry pork, spinach, fried onions 14
cobb- poached chicken, avocado, bacon, blue cheese 13
Cuban- large & thick- pork, jack, ham, pickles* 15
dream lover-tuna melt, bacon, tomato, jack (open faced) 13
Edmonton- tuna, cheddar, avocado, spicy garlic bread 12
gallant-turkey, bacon, avocado, cranberry mayo, ciabatta 14
gidget- tuna salad, avocado, tomato, garlic bread 12
good guy - beef, fresh mozzarella, roast pepper ☺ or ☺ 14
greekboy- brisket, pignoli, olives, mushroom, feta, tahina 14
gulf pride-bbq shrimp, avocado, cheddar garlic bread* 14 with bacon 17
high school hot turkey sandwich, sausage stuffing, mushroom gravy 17
indian boy- grilled chicken, tikka slaw, mango chutney, naan 14
JEWBOY - bbq pulled beef brisket, grilled onions, swiss ☺ or ☺ 14
jihadboy -beef, pomegranate, olive, sheep feta, pistachio, tahini 13
Luke's lunch- bbq pulled pork, chili cheese fries, ciabatta ☺ or ☺ 14
Monte Cristo- grilled egg dipt warm turkey, ham, gruyere, strawberry 15
mother & child reunion- chicken & egg salad 12 with bacon & avocado 16
Phillyboy- grilled beef, cheez whiz, crisp onions, grilled baguette 13
Po'boy- fried shrimp, lettuce, tomato, onion, tartar sauce, grilled baguette 15
Po'girl- fried chicken fangers, fresh mozzarella, roasted peppers, pesto 15
pothead- soft turkey, bbq cranberry slaw, cheddar 14 with bacon 17
Rhonda- beef, apricot, cherry, hatch chile, apple bbq* 15 with cheddar 17
rooster- chicken salad, cheese garlic bread, avocado 14 with bacon 17
sassy- poached chicken, pesto, roast pepper slaw 13
savannah- turkey gumbo open face, wheat toast 12
3 little pig sliders- hatch chile*, sweet bbq, GA bbq* 15

VEGETARIAN SANDWICHES

Augusta- pimento cheese triangles 9 ☺
buddhaboy- brussel sprouts, haricot vert, puff rice, gruyere 15 ☺
Castro-fried artichokes, roast pepper, fresh mozzarella, pesto 14 ☺
eve - avocado, grilled tomato, russian, 7 grain toast 9 ☺
hyatt- tomato, avocado, green chile, cheddar, jack, seven grain* 12 ☺
indian girl- fried /potato, cabbage, onion curry, lentil slaw, naan 14 ☺

SANDWICHES 9

sloppy joe (beef or vegan)
bbq pork ☺ or ☺
bbq beef ☺ or ☺
vegan bbq ☺ or ☺
bacon, lettuce, tomato
roast chicken or turkey
chicken; egg; tuna; salad
falafel, tahina, pita ☺
grilled cheese, bacon
grilled chicken
ham and cheese
toas-tite eggs or cheese 5

CRUNCHY FLAT SANDWICHES 8

Pesto, peppers & fresh mozzarella
Reubenino
Jewboyino*
Cubanino*
Monte Cristino
hyattino*
Gallantino

KATI ROLL ☺ 11
(non-dairy crepes)
potato, pea curry
spinach chutney

various sides

hummus 9
tabbouleh 8
mac'n cheese 8
garlic bread 3
cheese garlic bread 5
pesto garlic bread 6
foul medammus 8
gaza barley, pita 9
kasha varnishkes 5
cole slaws 5
cranberry bbq*
tikka curry*
pepper, mozzarella
feta, pesto
horseradish*

LUNCH IN A SKILLET

A salisbury steak, mashed potatoes, brown gravy 17
C 3 sliders (one each- burger, baked chicken, bbq beef*) cheddar fries 19
D thai chicken pistachio curry, fried bananas, coconut rice 22
E taco fried chicken, refried cheese rice, avocado salad 22
F chopped steak sizzle, grilled peppers, onions, tomato 22
G meat loaf, mushroom vegetable gravy, mashed potato 20
H turkey, sausage walnut stuffing, gravy, cranberry 17
J mexican pork shepherd's pie corn meal crust 17
K vegan salisbury steak, veggie stuffing, gravy 16 ☺
L moonpie meat loaf, ranchero rice, pork tamale 19
M cajun meatloaf, okra gravy, hoppin john 19
N pecan chicken wild rice cream enchiladas 21

LUNCH IN A BOWL

☺=vegetarian

B1 mexican chorizo, chili lasagna 17 B19 jamaican oxtail* 16
B2 franks & beans 9 B3 franks, bacon, chorizo beans, rice 16
B4 NY beef stew, kasha, bow ties 17 B5 chicken tomato curry, rice, nan 15
B6 vegan stew, mushroom barley 16 ☺ B7 spaghetti bolognese 12
B8 oxtail vegetable stew 18 B9 beef chili, black beans, rice 14
B10 chicken curry* 17 B11 beef or vegetarian shepherd's pie 17
B12 patsy's cashew lemon chicken, rice 22 B20 oxtail rutabaga 21
B13 sauerbraten stew 17 B21 bbq green chile pecan chicken* 18
B14 jambalaya- shrimp, andouille, grilled chicken, rice, vegetables 22
B15 chicken mushroom marsala, spaghetti 18
B16 latin stew- chicken, beef, oxtails, shrimp, veggies* 24



ken

tues-fri 9am-3pm sat 9:30am-2pm www.shopsins.com
we cannot accommodate severe food allergies

☺=sweet bbq cash only
☺=hot bbq

yin/yang soup combination 19

choose soup here

S1 african green curry *
S2 avocado tortilla *
S3 bacon corn chowder
S4 bok choy bop
S5 chicken tortilla
S6 mango chicken lime
S7 new york beef stew
S8 senegalese shrimp
S9 tomato paneer curry*
S10 szechwan shrimp*
S11 chicken noodle
S12 senegalese chicken
S13 cashew turkey

choose side here

X1 beef chili panino
X2 mozzarella pesto stix
X3 spinach bean threads
X4 vegetable stuffing
X5 home fried potatoes
X6 hatch ranch rice*
X7 mac 'n cheese
X8 refried cheese rice
X9 fried brussel sprouts
X10 grilled cheese stix
X11 beef sloppy joe rice
X12 gumbo dirty rice
X13 guacamole rice



fried brussel sprouts 9
orange sauce 12

blue 9
cheese
fried
potato
salad

steamed 6

vegetable burger
sauté onions, hatch
green chile*, cheese,
bbq slaw*, mustard
relish, guacamole 3



DRINKS

apple juice 2
iced coffee or tea
coke or diet coke
fountain soda
magic straw milk
cookie straw milk
hot coffee or tea
chocolate milk 3
egg creams 4
brown cow 5
fresh OJ 5
orange julius 6
milk shakes 6
orange boulios 7
smoothees 6
nondairy slushie 6
brandy milk punch 9
vanilla
coconut
strawberry
chocolate

SALADS

blue cheese potato 8
caesar 10 mexican *12
chef's 14 mexican 16
chicken paneer* 16
chicken veggie 14
cobb 14 thai cobb* 16
gaza barley salad 12
greek falafel 18
vegetable garden 14
veggie rice special 16
tuna nicoise 16
waldorf 12
chicken waldorf 14
asian chicken waldorf 17
spinach, bacon, egg 12
cranberry ambrosia 14

french fries

plain french fries 5
cheddar 7
parmesan 7
maple glazed 8
hatch/cheese* 8
poutine 10
chili/cheese 12

fried vegetables 8

onion strings; okra;
pickles; artichokes;
mushrooms; haricot
vert; zucchini; carrot;
peas, cheese curds,
avocados, bananas,
potato, mushrooms

tex-mex

guacamole 5 + hatch* 8
hatch chile con queso* 6
nachoes 8 +beef chili 12
cheese quesadillas 9
chili- beef or vegan 11
fried chili, cheese roll 7
beef enchiladas 11
three soft beef tacos 12
beef chimichonga 11

BURRITOS

beef 8
chicken
pork
eggs
shrimp
vegetable
guacamole
sliders 10
veg. burger
bbq brisket
bbq pork
bbq shrimp
chicken curry
potato curry
rice- yes or no ?
spicy or not ?



luke

minda



phoebe



zack

chaz

dan

GLAZED MEAT on a whole
wheat mattress with
cheese grits 14

grilled chicken- pesto
Virginia ham- apricot
roast turkey- cranberry
pork- maple brown sugar
brisket- pomegranate bbq*
shrimp- apple carrot
chorizo- mango chutney

SMALL SOUPS 7

artichoke
barley
beans'greens
bisque
black bean
bok choy bop
cheddar corn
cheese curry*
chipotle cream*
kasha
foul mudammas
garlic cream
ground nut*
gumbo
hummus
mole
okra tomato
pasta tomato
pea
pesto
potato curry*
ranchero
salsa rojas*
shrimp bisque
spinach cream
spinach vegan
tapenade
tomato
tomato cream
vegetables
western
wilted greens

COLD SOUPS 9

artichoke
asian veg
banana cream
barley
blackberry
blueberry
bok choy bop
bow tie pesto
chicken tikka*
chipotle cream*
chorizo bean*
cranberry
cream of corn
cucumber
foul mudammas
garlic cream
gazpacho
ground nut*
guacamole
hummus
kamakaze
mango
okra tomato
pea
peanut
pepper olive
pumpkin
spinach cream
spinach vegan
strawberry
string bean
vischysoise
western

soup

S14 african avocado tomato* 14
S15 african beef stew* 16
S16 african green curry* 12
S17 artichoke avocado tortilla 15
S18 avocado cheese tortilla 12
S19 avocado tortilla 11
S20 beef kasha varnishkes 15
S21 beef mushroom barley 15
S22 beef pepperpot* 15
S23 brussel tortilla avocado 16
S24 bok choy bop 12 bean threads 14
S25 brazil garlic rice chicken 17
S26 brussel sprout vegetable 14
S27 burnt garlic zucchini 15
S28 cashew tomato cream 14
S29 cheeseburgers & fries 16
S30 chicken gumbo 15
S31 chicken burrito 12
S32 chicken garlic angelhair 13
S33 chicken noodle 14
S34 chicken thin dumplings 12
S35 chicken tortilla avocado 15
S36 pepper, pesto, tomato 11
S37 corn & bacon chowder 11
S38 cream of garlic 11
S39 chicken pesto cream 13
S40 eggplant,pepper,olive 13
S41 garlic bread, chicken 12
S42 green chile, tomato* 12
S43 gumbo,grits cheese melt 13
S44 ham, pea, leek, dumpling 15
S45 lentil 12 paneer curry 15
S46 madras shrimp 15
S47 mango lime chicken 14
S48 matzoh ball 7
S49 matzoh chicken veggie 17
S50 minestrone, pasta 14
S51 mulligatawny beef 15
S52 mushroom barley 12
S53 oxtail vegetable 16
S54 pea-leek 12 cellophane noodles 14
S55 peanut (florida or virginia) 9
S56 peruvian avocado shrimp 14
S57 pistachio red chicken curry 16
S58 potato curry 12
S59 pork mango lime pignoli 14
S60 quesadilla cabbage 13
S61 senegalese chicken 15
S62 senegalese cherry 13
S63 shrimp gumbo* 16
S64 shrimp chowder (white/red) 15
S65 southwest corn chowder 11
S66 spanish garlic & egg 14
S67 spicy pea vegetable 13
S68 spinach blue cheese 11
S69 tikka roast vegetable* 14
S70 tomato cream,cROUTONS 14
S71 vegetarian vegetable 12

menu L22

BREAD & BREAKFAST SANDWICHES

SAXELBY - two eggs, cheese, ciabatta 5; bacon 7; vegan sausage 8
STRIDER- maple vegan sausage, eggs, avocado, english muffin 10
MINDA- egg whites, turkey bacon, cheddar, english muffin 9
SMITH-maple bacon, eggs, tomato english muffin 10
ESSEXY-potato, onion, eggs, hero 8; bell peppers 11; ham 12
TIGER PAWS - egg & cheese on 3 small buns 7; bacon 9
SUE ELLEN- eggs, collard greens, cheddar 7; turkey bacon 9
SOUL KISS- frenched ciabatta 6; eggs & cheese 9; bacon 11
PIPERADE - eggs, peppers, onion, tomato, garlic, hero 12
BIG BABY- grilled banana, whole wheat toast 6 ☺; bacon 9
BINGO- fried brussel sprouts, guacamole mayo, ciabatta 12 ☺

orange julius 6
orange boulios 7

fresh orange juice 5

chocolate malted 6

BREAD PUDDING FRENCH TOAST

cubed baguettes-plain 10 other 15
macaroni and cheese
apple, raisin, cinnamon
chorizo cheddar
sausage (pork or vegan) jack
brown sugar, banana, cashew

HOT CEREALS

oatmeal 6
with dried fruit & nuts 7
ashura-wheat, fruit,nuts, rice,
white beans, rose water 10
nsima (corn mush) with
ndiwo (pumpkin greens) 12

POACHED MODERN 14

(poached eggs, cubed toast)
oleg-bbq pork, hatch, fried onions*
leila-turkey bacon, garlic, cheddar
tito-chorizo, cheddar, lime salsa
sophia-fresh mutzi, pepper, haricot

PLAIN PANCAKES OR PLAIN FRENCH TOAST 6 {1/2 orders 1/2 price + 2}

chocolate chips 7
butterscotch chips
coconut 8
(3 butterscotch and
3 chocolate chip)
blueberry 9
banana
chocolate coconut
cinnamon
cranberry, orange
sundried cherry
brandy french toast 10
pumpkin 11
cinnamon raisin
maple bran crunch
coconut sweet rice

mac'n cheese 13
bacon & eggs
apple cinnamon
lemon or lime ricotta
chocolate peanut butter
blackberry nutella fluff
coconut frosting
glazed apple-nut
goldenberry wheat cakes
slutty cakes 14
brown sugar banana nut
spinach, gruyere, pignoli
chorizo, corn, cheese
blueberry lemon ricotta
cherry, pignoli, mozzarella
apricot, pistachio, ricotta
2 s'mores, 2 mac'n cheese

desserts 9

ebelskivers (banana; apple; plain)
goat milk crepe (cajata)
glazed donuts (maple, vanilla, choc)
fruit filled fried burrito-
(pineapple, banana, raisin, coconut)

COUNTRY SCRAMBLE & TOAST (yolk coated firm egg whites) 6

bacon, cheddar, chorizo 14
bacon, potato, cheddar 14
andouille, green chile, pepper* 15
bbq bacon, jack, peas ☺ or ☹ 12
turkey, mushroom, haricot vert 15
spinach, mac'n mozzarella 13
chicken, cheddar, bacon 14

ham, potato, cheddar 15
brussel sprout, bacon, jack 14
pork sausage, potato, jack 15
turkey bacon, cheddar, tomato 13
roast pepper & onion, mozzarella 12
corn, cheddar, chorizo 13
vegan sausage, spinach, gruyere 15

THE PETES* (3 poached eggs; spiced garlic bread) 8

pete moss- vegan sausage, jack, tomato, scallions 14
sneaky pete- jack, bacon, tomato, scallions 12
tommy pete - turkey bacon, cheddar, tomato, scallions 13
wiggly pete- pork sausage, jack, scallions, tomato 14
santana- chorizo, Hatch, jack, scallions, cilantro 15
pietro- roast pepper, mozzarella, pesto, mushrooms 15

EGGS AND TOAST- 5

3 poached 6; 6 egg whites 7; omelet 6; two fillings 10

TOAST- white; whole wheat; english muffin; rye; ciabatta; baguette, pita, corn or flour tortilla 3

POTATOES-

1. thin french fries with some skin 5
2. hash brown potatoes {deep fried chunks} 5
3. home fried potatoes & onions {smashed} 7
4. plain potato skins 5 cheddar 7 bacon 9
5. fried potato salad 6 + blue cheese 9
6. feather fried shreds 7; + jack 9 + hatch* 11

hash, eggs, toast 16

feather crisp- corned beef; pastrami; white trash chicken*
southern hash stew- pulled pork or beef
texas hash stew- bbq pulled pork or beef ☺ or ☹
reuben- corned beef or pastrami, sauerkraut, swiss
vegan red flannel- beets, onions, potatoes, soy protein

SIDE ORDERS-

bacon (pork /turkey); sausage (pork/vegan); virginia ham;
grilled chicken; two chorizo; andouille, bbq pork/beef ☺ or ☹ 5
maple glazed meat 7; chipped beef 8; fried brussel sprouts 9

GRITS- plain 3; chipotle* 4; fried onions 5;
CHEESE GRITS- plain 5; jalapeño * 6; hatch * 8; pork /
turkey bacon, vegan/pork sausage 9; southern
shrimp ; creamed chipped beef, ham or pork 12

"the original" BLISTERS ON MY SISTERS

fried eggs, bubbling cheddar cheese, rice, beans'n
greens on crispy corn tortillas in a skillet 8
with bacon (pork or turkey), sausage (pork or vegan), chorizo 12

TEX-MEX BREAKFAST

huevos rancheros-fresh vegetable potato sauté ,cheddar
eggs, steamed corn tortillas 14
chilaquiles- crisp corn tortillas, goat cheese, eggs,
browned cabbage, hominy, cilantro, spice 13
migas- eggs, grilled peppers, onions, tossed with
avocado, tortilla strips, cilantro, salas roja 12
encachuatadas- eggs, chipotle peanut mole enchiladas* 16
xxx-fried onion & potato, peas, eggs, flour tortilla* 16
yogas- eggs, paneer, yogurt, spinach, crisp onions,
cabbage tossed with pita strips 14
egg nachoes- 2 cheese layers, beans, tortillas 12
quesadilla- 12" folded crisp flour tortilla, eggs, cheese 12
enchiladas- 3 egg stuffed soft corn tortillas, sauce, cheese 13
soft tacos- 3 soft corn tortillas, eggs, cheese, fix'ins 12
Vegas-brussel sprouts, eggs, croutons, vegan sausage, kamikaze 15
egg burrito- rice, beans'n greens, cheese 8
chorizo open omelet- chorizo vegetable potato sauté,
cheddar, eggs served open faced with toast 15
steamed or fried egg roll- eggs, cheddar 6; beef chili + 2;
hatch green chile* + 3; bbq beef brisket or pork ☺ or ☹ +4;
bacon (pork or turkey) +2; sausage (pork or vegan) +3;
egg guacamole- 7; hatch green chile +2 ; bbq shrimp +4
spaghetti & egg burrito- (no rice) 11; bacon +2; beef chili +3

no partiz larger than 4 served; everyone must eat a meal

cash only

menu L22

BREAKFAST NAME PLATES

ADOBE-egg burrito, coconut cakes, cranberry salsa 16
AUNTIE- scrambled, blue cheese, avocado, spinach 10
BRUCE- bacon & cheese flat omelet, toast 9
BUTCH- 3 chorizo cakes, eggs, mango salsa, toast 13
CASTLES I- 3 mini-egg cheeseburgers 12; green chile* 15
DAD- egg salad, bacon, cheese pancake sandwich 13
DIANE- poached eggs on garlic baguette 7
DIEGO- poached eggs, poutine (curds, french fries, gravy) 13
FAIRIE- oatmeal pancakes, bacon eggs, flat biscuits 14
GOLD-IN-HAZE- sunnys, melted cheddar, bacon, toast 9
ILIANA-mango*, avocado, eggs, refried rice, corn chips 13
JACK- 3 pancakes, scrambled, bacon, white toast 11
JOSE- bacon, eggs, rancho nachoes 14 ☺=sweet bbq
JUANITA-chili, cheese omelet, pork tamale* 15 ☹=hot bbq
JUNIOR- bbq pork, mac'n cheese, egg, toast ☺ or ☹ 15
KRAKATOA- egg,sausage stuffing potato volcano 15
MAINE- mini-blues, eggs, maple cream,eng. muffin 14
MARBLEHEAD- creamy eggs, corn and cheddar 9
MEXICAN-corn tortilla lasagna, chili, eggs, ricotta ☺ or ☹ 15
MOMMY-eggs,cinnamon raisin french toast, pork sausage 13
MOE I- maple glazed bacon pancake sandwich, eggs on top 14
MOE II-maple bacon french toast sandwich, eggs on top 14
MOE III- maple vegan sausage, pancake sandwich, eggs 14
MOUNT FUJI-poached, grits, asian veggies 15
MR. MENTION- jerk oxtail*, beef-a-roni, eggs, toast 17
OVA- poached eggs over bacon cheese grits, toast 14
PIAF- eggs, gruyere sauce, fried onions on toast 14
QT- shrimp guacamole, chili/egg quesadilla, caramel roll 17
RAJUN-eggs, maple andouille, spinach, hatch, toast* 15
SABICH- eggplant, eggs, tahina, cuke, tomato, parsley, pita 15
SARASOTA- well scrambled eggs, pork, toast 12
SHAKSHUKA- sizzling peppers, onion, tomato, eggs 15
SOUTH PORK- eggs, grits, sausage cream gravy, sandwich 15
S.P.2- eggs, grits, creamed cornedbeef, hot sandwich 16
SYRIAN- deep fried eggs on tabulleh/ tahina, pita 14
TASTY I-2 s'mores, 2 mac'cheese 2 butterscotch pancakes 17
TASTY II- 2 blueberry, 2 slutty, 2 cinnamon raisin pancakes 17
TREIF- 3 jewboy (bbq brisket, jack, onions) egg sliders* 17
VERDE- eggs, green chile, peas, spinach, toast* 13
WESTERN- cheddar, ham, pepper, onion sauté open omelet 12
ZACKZUKA- sizzling chorizo, eggs, cilantro, peppers 15
ZEBRA- egg whites, vegan sausage, black beans, rice 12

VEGGIELAND NO EGGS: NO MEAT: WITH TOAST

FOUL- fava beans, scallions, tomato, mint, grilled pita 12
KUSH- steamed vegetables, wheat, tahina, pita 13
AARON- vegan chili, tortilla lasagna, ricotta 15
NOAH-irish beans, tomato, onions, spinach, toast 12
EDEN- vegetable stuffing sandwich, vegetable gravy 14
RAJ- tofu vegtable curry scramble, toast* 15
YUMMY- mozzarella, fried brussel sprouts, spinach 13
PAV BHAJI- potatoes, peas, carrot curry, buns* 14
ROTEL- okra, tomato, ricotta, fresh mozzarella, roast pepper 14
BIRDEE- string beans, thin dumplings, vegan sausage 15
CUPID STUNT- creamed corn, cheddar, fried potato, carrots 13
GURU- artichokes, spinach, green chiles, parmesan* 15